



MARCH PRAYER GUIDE

FINDING BLESSEDNESS

Recognizing God's Daily Favor

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This month, we are turning our hearts toward blessedness. Not as the world defines it, but as Scripture reveals it.

For many moms walking hard paths, the word blessed can feel confusing or even painful. When circumstances don't change, when prayers feel unanswered, or when life remains heavy, it's easy to wonder if blessing is something meant for other people.

But the Bible shows us something deeper. Blessedness is not rooted in ease or abundance. It is rooted in **God's presence, forgiveness, and faithful work within us**. It is God meeting us where we are and slowly shaping us through what we carry.

These prayers are written for the mom who loves God but feels worn down. For the one who is faithful yet tired. For the one who wants to see God's hand in her days but isn't sure where to look.

Pray these words slowly or in pieces. Pray them honestly. Let them help open your eyes. Not to deny your reality, but to notice God's quiet, daily favor already at work.

May this guide help you recognize blessedness not as something you wait for someday, but as something God is growing within you right now.

"Blessed is the one whose transgressions are forgiven, whose sins are covered."

— Psalm 32:1 (NIV)

Week 1: “Help Me See What Is Holy”

Scripture: *“God blessed the seventh day and made it holy.”*
— Genesis 2:3 (Also: Psalm 1:1; Psalm 32:1)

Prayer: God, I confess that I often look for blessing only in change. When things improve, when answers come, when life feels lighter. But Your Word reminds me that blessing begins with what You declare holy. Open my eyes to see that my life, even in its brokenness and struggle, belongs to You. Help me recognize that Your presence makes this ground holy, even when it feels ordinary or hard. Teach me to notice You here. Amen.

Week 2: “Blessed Even When Life Feels Heavy”

Scripture: *“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”* — Matthew 5:3 (Also: Psalm 34:18; Isaiah 62:4)

Prayer: Lord, some days I feel empty, worn down, and unsure of myself. Your Word tells me that You call the weary and humble blessed. Help me believe that my weakness does not disqualify me. It draws You closer. When I feel overwhelmed or unseen, remind me that Your kingdom meets me right here. Let me rest in the truth that I am not forgotten, even when my strength is low. Amen.

Week 3: “Teach Me to Notice Your Daily Favor”

Scripture: *“May God be gracious to us and bless us and make His face shine on us.”* — Psalm 67:1 (Also: Numbers 6:24–26)

Prayer: Father, fear sometimes creeps in — for my children, for our health, for the future. But Your Word says that perfect love casts out fear. Help me lean into that love today. Let it push back the worries, the shame, and the anxious thoughts that weigh me down. Remind me that I am safe in Your care, chosen and treasured, and that Your love is stronger than every fear I face. Amen.

Week 4: “Thank You for Changing Me”

Scripture: *And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.” – Romans 5:3–5 (Also: James 1:2–4)*

Prayer: God, I often ask You to change my situation. And sometimes You don’t. But I see now that You are changing me. Thank You for the ways You are growing patience, compassion, endurance, and faith within me. Even through hardship. Help me recognize this inner work as a true blessing. Give me grace to trust that what You are forming in me matters deeply, even when the path is hard. Amen.

Week 5: “Receiving the Blessing of Your Presence”

Scripture: *“The Lord bless you and keep you.” – Numbers 6:24 (Also: Deuteronomy 33:29; Psalm 16:11)*

Prayer: Lord, today I receive the blessing of Your presence. Not because my life is easy, but because You are with me. Keep me when I feel tired. Guard my heart when I feel discouraged. Help me walk through this month knowing that I am held, guided, and loved. Let Your presence steady me, remind me who I am, and carry me through every ordinary and overwhelming moment. Amen.

Our MIGHTY mission

Our Mission Statement

Be Mighty Mom exists to walk alongside Christian moms raising autistic, rare disease, or medically complex children, providing a safe space to process their doubts, struggles, and fears. Through encouragement, scripture, and honest conversation, we help moms restore their faith, reclaim their strength, and rise resilient, no matter how hard the journey gets.

Our Core Values

1. Faith-Centered Restoration

We help moms reconnect with God in ways that feel real, usable, and comforting, even in seasons of doubt.

2. A Safe, Honest Space

We acknowledge struggles without judgment, giving moms permission to feel, speak, and be exactly where they are.

3. Strength Through Understanding

We validate experiences, offer encouragement, and remind moms they are not alone in the chaos of parenting medically complex children.

"But the Lord is with me like a mighty warrior; so my persecutors will stumble and not triumph. They will fail and be thoroughly disgraced; their dishonor will never be forgotten."

Jeremiah 20:11

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