



FEBRUARY PRAYER GUIDE

FINDING LOVE

Experiencing God's Unfailing Love

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This month, we're focusing on love — not the fleeting feelings of romance, the kind of love that only shows up when life is easy, or the love that depends on what you do, how you perform, or how much you give.

We're talking about God's unfailing, unconditional love — the love that chooses you, stays with you, and meets you in your real life.

These prayers are written for the mom who gives everything, often without pause, and wonders if she's receiving love the way she needs it. They are for moments when your heart is tired, your hope feels fragile, or your soul longs for reassurance.

Pray them quietly, aloud, or in fragments — on the car ride, in a quiet corner, or during the middle of a hectic day. Let these prayers remind you that love isn't something you earn. It's a gift that God offers freely, again and again, even when circumstances feel heavy or uncertain.

May this guide help you receive the love God has for you, and may that love strengthen, steady, and fill you this month.

"Give thanks to the Lord, for He is good. His love endures forever."

— Psalm 136:1 (NIV)

Week 1: “Open My Heart to Be Chosen”

Scripture: *“In love He predestined us... to be holy and blameless before Him.”* — Ephesians 1:4

Prayer: Lord, I sometimes wonder if I’m truly seen or chosen. Thank You for reminding me that Your love chooses me, not because of what I do, but because of who You are. Open my heart to receive that love today. Let it settle into the places that feel lonely, anxious, or weary. Teach me to rest in Your choosing, knowing that I am fully known and fully beloved. Amen.

Week 2: “Faithful Love in Every Moment”

Scripture: *“He loves righteousness and justice; the earth is full of the steadfast love of the Lord.”* — Psalm 33:5

Prayer: God, it’s easy to forget that Your love is constant when days feel chaotic or heavy. Help me notice the small, faithful ways Your love follows me — in the quiet moments, in ordinary acts of kindness, in the unexpected joys that appear amid exhaustion. Let Your unfailing love reassure my heart that I am held, protected, and guided, even when life feels uncertain. Amen.

Week 3: “Love That Casts Out Fear”

Scripture: *“There is no fear in love. But perfect love drives out fear.”* — 1 John 4:18

Prayer: Father, fear sometimes creeps in — for my children, for our health, for the future. But Your Word says that perfect love casts out fear. Help me lean into that love today. Let it push back the worries, the shame, and the anxious thoughts that weigh me down. Remind me that I am safe in Your care, chosen and treasured, and that Your love is stronger than every fear I face. Amen.

Week 4: “Love That Meets Me Where I Am”

Scripture: *“In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins.”— 1 John 4:10*

Prayer: Lord, I don't always feel ready, perfect, or capable of receiving love. And yet, You meet me where I am — in mess, in mistakes, in exhaustion. Thank You that Your love does not depend on what I do, but on who You are. Help me rest in that truth, trusting that Your love is active in my life, shaping, healing, and sustaining me through every challenge. Amen.

Week 5: “Living in Steadfast Love”

Scripture: *“Give thanks to the Lord, for He is good. His love endures forever.” — Psalm 136:1*

Prayer: God, let Your love flow through me this month, not just as a feeling, but as a steady, sustaining presence in my life. Teach me to notice how it transforms ordinary moments — in my words, in my care, and in my heart. Let me also receive it fully, trusting that Your love is unending, unearned, and unshakable, carrying me through every hard day and filling my home, family, and motherhood with Your faithful presence. Amen.

Our MIGHTY mission

Our Mission Statement

Be Mighty Mom exists to walk alongside Christian moms raising autistic, rare disease, or medically complex children, providing a safe space to process their doubts, struggles, and fears. Through encouragement, scripture, and honest conversation, we help moms restore their faith, reclaim their strength, and rise resilient, no matter how hard the journey gets.

Our Core Values

1. Faith-Centered Restoration

We help moms reconnect with God in ways that feel real, usable, and comforting, even in seasons of doubt.

2. A Safe, Honest Space

We acknowledge struggles without judgment, giving moms permission to feel, speak, and be exactly where they are.

3. Strength Through Understanding

We validate experiences, offer encouragement, and remind moms they are not alone in the chaos of parenting medically complex children.

"But the Lord is with me like a mighty warrior; so my persecutors will stumble and not triumph. They will fail and be thoroughly disgraced; their dishonor will never be forgotten."

Jeremiah 20:11

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God Will Rescue You



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