



FEBRUARY DEVOTIONAL

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# FINDING LOVE

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God's Unfailing Love

*Ash*  
Dion

Founder, The Be Mighty Mom Ministry



# TABLE of Contents

Welcome Letter From Ash	3
How to Pray	5
Devotionals	6
The Be Mighty Method	21
Our Mighty Mission	23
Connect With Us	24

# Hey, it's Ash!



## Finding Love in God's Arms

February is here. A month often loud with hearts, chocolates, and expectations about love. And if I'm honest, that kind of love can feel... complicated.

This month, I want to invite you into a different kind of love. God's love. The kind that chooses you before you even realize you need it, that remains faithful across generations, that pursues you even when the world is unfaithful, and that calls you precious, honored, and beloved simply because you are.

This is a love that doesn't wait for you to feel ready. It doesn't hinge on your performance, your clarity, or your energy.

**My hope for this month is simple:** That you begin to notice, really notice, the small ways God's love shows up in your life.

February is about letting yourself receive love, not just give it. About leaning into the truth that you are chosen, treasured, and sustained by a love that never runs out. About letting that love shape your heart, your family, and your perspective on every day.

I can't wait to walk through this month with you. To celebrate the ways God's love shows up, transforms, and carries us when life feels overwhelming.

Here's to a month of receiving love, resting in love, and living in love... because God is love, and that love is forever.

## February Scripture:

*"Keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life."  
– Jude 1:21 (NIV)*

### My Prayer for You:

Lord, we are stepping into February needing Your love. You see this mother. The long nights, the constant care, the quiet doubts that rise when life feels unfair.

Remind her that she is loved, not because of what she does, but because of who You are. Meet her in the places where exhaustion has made her question her worth or her faith.

Let Your love steady her when the days feel heavy. Cover her home, her child, and her heart with the assurance that she is seen, held, and never alone.

Teach her to rest in Your love. Even here.

In Jesus' name.

**Amen**

*Ash*

## How to Pray

- **Like a friend.** Speak your heart openly, wherever you are. God listens anywhere and in all circumstances.
- **With scripture.** Turn verses into your words: “Lord, help me not to grow weary in doing good” (Galatians 6:9).
- **For advocacy.** Pray for clarity in meetings with doctors, therapists, or schools. Pray for your words to be strong, truthful, and loving.
- **For yourself.** Bring your fear, exhaustion, anger, and doubt to God. You are allowed to ask for help, comfort, and strength.

## What You Can Pray For

- Your child’s health, peace, and growth.
- Strength and wisdom to advocate fiercely.
- Comfort and patience for siblings and family.
- Guidance for medical decisions, therapy challenges, and everyday hurdles.
- Peace in moments of fear, grief, or doubt.
- Patience, rest, and resilience when you feel depleted.

## Day 1: God's Love Is Your Ownership

### Scripture:

*"...so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love,*

– Ephesians 3:16-17

There are days when motherhood feels less like a calling and more like being claimed by exhaustion. Appointments, therapies, advocacy, and the quiet weight of always being "on" can leave you wondering where you fit in anymore. When so much of your life is dictated by needs you didn't choose, it's easy to feel overlooked. Not just by people, but by God Himself. Scripture meets that ache with a grounding truth: before anything else defines you, God claims you.

In Leviticus, God speaks of His people as His own possession. Not as property to control, but as beloved ones under His care and protection. This kind of ownership is covenantal. It means you are not forgotten in the margins of your life. You are not lost in the chaos of caregiving. You belong to a God who does not misplace what He claims. Even when your faith feels thin or your prayers feel incomplete, His hold on you does not loosen.

Today is not about fixing how you feel or summoning more belief. It's about resting in a truth that stands even when you cannot: you are God's. Not because you've done motherhood well. Not because you've held it together. But because He has chosen to bind Himself to you in love and He does not change His mind.

### Reflective Prompt:

Where has caregiving caused me to feel like I've lost myself, and how does remembering that I belong to God reshape that place?

### Prayer:

God, I feel worn and stretched in ways I don't always have words for. Today, remind me that I am Yours. Not because I am strong, but because You are faithful. Help me rest in being claimed by You, even when everything else feels uncertain. Amen.

## Day 2: God's Love Protects

### Scripture:

*"Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him."*

– Psalms 32:10

When you are raising a child with complex needs, protection becomes your second language. You learn how to advocate, anticipate, and stay alert in ways others never have to. You protect your child from systems that don't understand, from assumptions that harm, and from exhaustion that threatens to take over. But in all of that guarding, there is often a quiet question underneath it all: *Who is protecting me?*

God's love is not distant or passive. In Scripture, His protection is not described as a vague comfort, but as an active, covenantal commitment. Leviticus reminds us that God calls His people His own... and what He claims, He also defends. This does not mean life becomes safer or easier. It means you are not exposed, abandoned, or left to carry everything alone. Even when you feel worn down by vigilance, God's love remains a covering you do not have to maintain yourself.

Protection, in God's economy, is not the absence of hardship. It is presence within it. His love stands between you and the lie that you must be invulnerable to survive. It shields your heart when you are criticized, misunderstood, or painfully aware of your limits. Today, you are invited to loosen your grip just enough to remember: you are not the only one standing guard.

### Reflective Prompt:

Where do I feel most exposed, weary, or unprotected and what would it mean to trust that God's love is guarding me there?

### Prayer:

God, I am tired of always being on alert. Today, remind me that Your love protects me even when I am exhausted. Guard my heart, steady my spirit, and help me trust that I do not have to carry everything alone. Amen.

## Day 3: God Chooses You

### Scripture:

*"For we know, brothers and sisters loved by God, that he has chosen you."*

– 1 Thessalonians 1:4

There are days when motherhood feels less like a calling and more like something you were assigned. You didn't choose this diagnosis. You didn't choose the endless appointments, the paperwork, the explaining, the grief that comes in waves. And somewhere in the middle of loving your child fiercely, you may find yourself wondering how you ended up here and whether you are actually equipped for what's been placed in your hands.

Scripture tells us something that feels almost too steady for seasons like this: God chooses His people. Not after they prove themselves. Not once they understand the plan. God's choosing comes first. Deuteronomy speaks of a God who claims His people as His treasured possession. Not because they are impressive, but because He has set His love on them. This kind of choosing is not about capability. It is about belonging.

Being chosen by God does not mean you always feel confident, faithful, or strong. It means you are not accidental. Your presence in this story, your child's story, is not overlooked or dismissed by God. Even when your faith feels thin or your prayers feel unfinished, God's choice does not waver. Today, you are not asked to feel worthy of this love. You are simply invited to rest in the truth that **you are already chosen.**

### Reflective Prompt:

Where do I feel unqualified, unsure, or overwhelmed and how does remembering that God chose me before I felt ready change the way I see myself?

### Prayer:

God, I confess that I often feel inadequate and unsure. Today, remind me that You chose me before I felt capable or confident. Help me rest in belonging, not performance, and trust that Your love does not depend on my strength. Amen.

## Day 4: God's Love Is Faithful

### Scripture:

*"I will sing of the Lord's great love forever; with my mouth I will make your faithfulness known through all generations."*

– Psalms 89:1

Faithfulness matters most in seasons that do not improve quickly. When prayers feel repetitive, when progress is slow or nonexistent, and when life looks the same month after month, faithfulness is the difference between hope that endures and hope that collapses. For many mothers raising children with disabilities or complex medical needs, the hardest part is not the crisis. It is the constancy. The daily returning to the same responsibilities with no clear end in sight.

In Scripture, God's love is described as faithful not because life is stable, but because He is. Deuteronomy reminds us that God's covenant does not depend on a single moment or a single generation. His faithfulness extends beyond what we can see, measure, or feel. This means that God's love does not weaken in prolonged seasons. It does not grow impatient with your weariness or frustrated with your unanswered questions. It remains steady when your faith feels inconsistent.

If you are still showing up; even with doubt, exhaustion, or anger; you are not failing God. Faithfulness is not about maintaining spiritual intensity; it is about remaining held when you have very little left to give. God's love stays with you in the waiting, in the repetition, and in the uncertainty. You are not sustained by your ability to endure... **you are sustained by His faithfulness to you.**

### Reflective Prompt:

Where has the length of this season made it harder for me to trust God's faithfulness?

### Prayer:

Faithful God, I am tired of waiting and weary from the repetition of this season. When my trust feels fragile, remind me that You are steady. Hold me when I don't have the strength to hold on. Let Your faithfulness carry me today. Amen.

## Day 5: God's Love Is Just

### Scripture:

*"For the Lord is righteous, he loves justice; the upright will see his face."*

– Psalms 11:7

Sometimes God's love looks different than we expect. In a world filled with broken systems, unmet needs, and children who suffer, it can be hard to reconcile love with justice. You may feel frustrated, angry, or even heartbroken when your prayers seem unanswered. Yet Scripture reminds us that God's love is not passive or chaotic. It is righteous and just. Deuteronomy tells us that He acts with wisdom and integrity, even when circumstances appear unfair. His love does not ignore wrongs; it addresses them, corrects them, and guides them toward restoration.

For a mother raising a child with disabilities or medical complexities, this truth is both comforting and challenging. Comforting because God's love sees every tear, every frustration, and every injustice your family experiences. Challenging because His justice may not align with the timing or outcomes we hope for. Loving your child well does not exempt them; or you; from pain or difficulty, but God's love moves within and beyond those trials. It works even when systems fail, doctors falter, or treatment plans shift unexpectedly.

Remember: justice is a form of love. It shapes, protects, and restores. God's love may sometimes correct, redirect, or discipline, but always with a heart of care. His love is not conditional on comfort or ease. It is rooted in truth. When life feels unfair, your prayers unanswered, or your heart heavy, His love is at work behind the scenes, aligning situations with His perfect justice. You are not overlooked. You are not abandoned. You are loved in a way that balances tenderness with righteousness.

### Reflective Prompt:

Where in my life or my child's life do I need to trust God's love even when His justice feels delayed or hidden?

### Prayer:

Lord, help me trust that Your love is active and just, even when I cannot see the full picture. Give me patience to wait, courage to endure, and the assurance that Your love is always aligned with what is right. Amen.

## Day 6: God's Love is Extraordinary

### Scripture:

*"and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God."*

– Ephesians 3:19

God's love is extraordinary. It moves beyond what we can see, measure, or control. For mothers raising children with disabilities, rare diseases, or complex medical needs, life often feels overwhelming, unpredictable, and heavy. Your heart aches with questions: "Will my child be safe? Will they thrive? Will I have strength to keep going?" And yet, God's love meets you here, in the midst of uncertainty, exhaustion, and fear. It doesn't wait for perfect circumstances to appear; it is powerful, active, and present right now.

Scripture reminds us of God's remarkable ways: He parted seas, guided nations, and redeemed what seemed lost. The same love that accomplished those miracles is the love that holds you today. It is larger than your worries, bigger than your child's diagnoses, and more persistent than the fatigue you carry. This extraordinary love sees your struggles, counts every tear, and offers grace in the exact measure you need—often before you even realize it.

Living in God's extraordinary love is about trust more than understanding. It is the courage to believe that He can redeem impossible moments, even when the world offers no answers. It is the peace that settles over your heart when you surrender your fear, even for a little while, and allow His love to be the source of your strength. Today, let this truth remind you: you are not abandoned, your prayers are not ignored, and your love for your child is echoed and multiplied by God Himself.

### Reflective Prompt:

Where do I need to believe that God's extraordinary love can reach the situations that feel impossible?

### Prayer:

Lord, remind me that Your love is greater than my circumstances, stronger than my fear, and more persistent than my exhaustion. Help me rest in the power of Your extraordinary love today, trusting that You are working even when I cannot see. Amen.

## Day 7: God's Love Brings Restoration

### Scripture:

*"I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh."*

– Ezekiel 36:26

Even when life feels broken, God's love brings restoration. Samson's story is a vivid reminder: after failure, loss, and despair, God's love did not abandon him. He was stripped of strength, dignity, and direction. But God remained present, patiently working toward redemption. For mothers of children with disabilities, rare diseases, or medical complexities, some days feel like Samson's. Exhausting, discouraging, and filled with setbacks. You might feel powerless, guilty, or worn down, wondering if you'll ever have the strength to face another challenge.

Restoration is God's way of showing that love does not give up, even when we stumble. His love sees beyond the mistakes, the missed moments, and the weight of daily struggles. He meets you in the middle of sleepless nights, therapy sessions, medical appointments, and the quiet moments when you feel invisible. God's love is not just about fixing what is broken. It's about renewing hearts, restoring hope, and reshaping your perspective so that even the hardest seasons can bear fruit in His timing.

To experience God's restorative love, we don't have to earn it or perform perfectly. It is freely offered, active, and persistent. When you feel depleted, let His love wash over your fatigue, heal your discouragement, and strengthen your spirit. Today, His love whispers: "I am with you. I see your struggle. I am restoring what feels lost." Even in the messiest, most complicated seasons of motherhood, God's love is powerful enough to make all things new. Step by step, day by day.

### Reflective Prompt:

Where in my life do I need God's love to restore what feels broken or lost?

### Prayer:

Lord, my heart is weary, my strength is low, and my hope sometimes feels small. Remind me that Your love restores, renews, and makes whole. Let me see and receive Your restoration in my heart, my home, and my family today. Amen.

## Day 8: God's Love Encourages

### Scripture:

*"...He has not stopped showing his kindness to the living and the dead..."*

– Ruth 2:20

Sometimes, love doesn't just comfort. It speaks, uplifts, and encourages. Ruth experienced God's love as provision and affirmation in the midst of uncertainty, reminding her that she was seen, valued, and protected. For mothers navigating the relentless demands of raising children with disabilities, medical complexities, or autism, encouragement often feels rare. Days can be long, moments of appreciation fleeting, and weariness heavy. Yet God's love is not silent. Even when the world doesn't notice your sacrifices, He whispers affirmation: "I see you. I value you. I am with you."

Encouragement from God doesn't always arrive as a dramatic answer to prayer or a sudden relief from challenges. Often, it comes through a friend's understanding, a moment of peace in the chaos, or a gentle reminder in Scripture that His love is unchanging. In these small but significant moments, God reminds you that you are enough. His love calls out to your heart, saying you don't have to do it all perfectly to be cherished. It affirms your worth and steadies your spirit for the road ahead.

Receiving God's encouragement requires pausing long enough to notice it. Even when fatigue clouds your vision or disappointment weighs heavy, His love is reaching you in ways both seen and unseen. Today, God's love is your cheerleader, your quiet supporter, your constant source of hope. Listen for His voice in the small victories, in the quiet sighs of relief, and in the gentle reminders that you are not alone. His love surrounds you, sustains you, and speaks life into your weary soul.

### Reflective Prompt:

Where do I need to hear God's encouragement today, and how can I pause to receive it?

### Prayer:

Lord, I am tired, worn, and sometimes feel unseen. Speak Your love into my heart today. Remind me that I am valued, cherished, and never alone. Let Your encouragement lift my spirit, steady my heart, and renew my hope in every challenging moment. Amen.

## Day 9: God's Love Is Righteous

### Scripture:

*"But God demonstrates His own love for us in this: While we were still sinners, Christ died for us."*

– Romans 5:8

God's love is not passive. It is active, intentional, and aligned with justice. When life feels unfair, His love is still at work. Job reminds us that God observes the world with eyes of justice. He does not ignore suffering or injustice, and He does not allow chaos to dictate His covenantal love. For mothers raising children with disabilities, chronic illnesses, or rare conditions, it can feel like the world is stacked against you, yet God's righteous love is present even in what feels like emptiness or silence.

Righteous love is love that acts. It doesn't ignore pain or sweep difficulties under the rug. Instead, it seeks restoration, upholds truth, and brings order out of confusion. God's love may manifest through unexpected advocates, moments of clarity amidst chaos, or protection that goes unseen by the human eye. Even when you can't trace it, His love is moving on your behalf. This is the kind of love that pursues you, fights for your children, and ensures that every act of care you offer is seen and honored.

This kind of love calls you to trust, even when circumstances contradict what you hope to see. It invites you to rest in the assurance that God's heart is righteous, His actions just, and His love unshakable. You don't have to fix everything, prove yourself, or make sense of the suffering around you to experience it. Righteous love meets you where you are, stands with you in your struggle, and reminds you that every challenge is within His sovereign care. His love is both your shield and your guide, holding you and your family in every season.

### Reflective Prompt:

Where do I need to trust God's righteous love in situations that feel unfair?

### Prayer:

Lord, help me rest in Your righteous love today. Remind me that You see every struggle, every need, and every injustice. Let Your love guide my heart, sustain my spirit, and give me confidence that You are at work—even when I cannot see it. Amen.

## Day 10: God's Love Delights in You

### Scripture:

*"The Lord your God is with you, the Mighty Warrior, who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."*

– Zephaniah 3:17

God delights in you. Yes, you. Parenting a child with disabilities can make you feel like every day is a balancing act, where praise and appreciation are rare. Yet Scripture reminds us that God's love isn't begrudging or conditional. It doesn't depend on your productivity, your patience, or your emotional strength. He rejoices over you, over your heart, and even over the small, unseen acts of love you pour into your child's life.

This delight is not superficial or sentimental. It is deep, relational, and intimate. Psalm 33 tells us that God loves righteousness and justice, but it also speaks to His joy in His creation. Including you. His love celebrates your perseverance, your courage, and your willingness to keep showing up, even when exhaustion tempts you to step back. He sees the prayers whispered in the dark, the tears shed in quiet corners, and the love that flows silently through the day. His delight is a reminder that you are never unnoticed, never insignificant, and never outside the warmth of His affection.

Even when your life feels repetitive or thankless, God's love brings a radical reassurance: you are cherished. You are a treasure to Him, not because of what you do, but because of who you are. When we understand this, it changes how we parent, how we care for ourselves, and how we interact with the world. It shifts our perspective from striving for approval to resting in belonging. God's love is not just a comfort. It's a celebration of your life, your heart, and the journey you're walking.

### Reflective Prompt:

How can I feel and embrace God's delight in me, even on the hard days?

### Prayer:

Lord, thank You for delighting in me. Help me receive Your joy, Your affirmation, and Your love, even when life feels overwhelming. Remind me that I am treasured, seen, and cherished by You. Exactly as I am. Amen.

## Day 11: God's Love Is Forgiving

### Scripture:

*"... Though your sins are like scarlet, they shall be white as snow; though they are red as crimson, they shall be like wool..."*

– Isaiah 1:18–20

God's love forgives. And I mean fully, completely, without hesitation. For moms raising children with disabilities, guilt and shame can feel like constant companions. Maybe you've yelled when patience ran out or doubted your ability to provide what your child needs. You may carry regrets from yesterday and worry about tomorrow. Yet Scripture reminds us that God's love doesn't tally our failures or keep score. His forgiveness wipes the slate clean. Inviting us to release shame and receive grace, even when our hearts are heavy with mistakes.

Forgiveness from God is not abstract or distant; it is active and personal. Isaiah 1:18 invites us into this radical love. God's love meets you where you are (messy, tired, frustrated, or afraid) and offers restoration. It doesn't demand perfection, but transformation. It doesn't wait for you to "earn" it, but simply asks that you receive it. When you accept God's forgiveness, you create space for your own healing, your own peace, and even the ability to forgive yourself and those around you.

This forgiveness isn't a one-time event. It's a daily rhythm. God's love gently reminds you that you are not defined by your shortcomings, your exhaustion, or your moments of frustration. It reorients your heart toward hope, toward freedom, and toward the knowledge that His love is steadfast. When life feels relentless, when caregiving stretches every ounce of energy, remembering that you are forgiven allows you to rest in God's embrace and to parent from a place of grace rather than guilt.

### Reflective Prompt:

Where do I need to accept God's forgiveness today, and how might receiving it change the way I care for myself and my child?

### Prayer:

Lord, wash away my guilt and shame. Help me receive Your forgiving love fully, and let it shape my heart, parenting, and peace. Teach me to rest in the freedom that comes from being fully loved and fully forgiven. Amen.

## Day 12: God's Love Values You

### Scripture:

*"Since you are precious and honored in my sight, and because I love you, I will give people in exchange for you, nations in exchange for your life."*

– Isaiah 43:4

You are precious. You are honored. You are infinitely valued. Not because of what you do, how well you parent, or how strong you appear. But simply because God says so. For moms raising children with disabilities, autism, rare diseases, or complex medical needs, the world can feel dismissive or unappreciative. You pour out love endlessly, often without acknowledgment, and it's easy to feel invisible. Yet God's Word reminds us that His love sees you completely, treasures your heart, and counts you of eternal worth.

Notice the simplicity of the declaration in Isaiah 43:4. No conditions, no prerequisites, no performance-based expectations. God's love for you is relational. It knows your struggles, your long nights, your anxious moments, and your moments of despair. He values you as His own, not just as a mom doing hard work, but as a beloved child, made in His image and held in His care. When life feels overwhelming, you are never unseen or unloved.

Allow this truth to settle into your heart today. Let it soften the pressure to perform, to measure up, or to prove your worth. God's love values you exactly as you are. When you embrace this, you can parent from abundance rather than depletion, care for yourself without guilt, and experience a deeper peace. This love validates your struggles, honors your heart, and reminds you that you belong fully in His gaze.

### Reflective Prompt:

How does knowing that God values me for who I am, not what I do, shift the way I see myself today?

### Prayer:

Lord, thank You for valuing me beyond measure. Help me fully receive the truth that I am precious in Your eyes. Let this knowledge strengthen me, renew my hope, and guide the way I love myself and my children today. Amen.

## Day 13: God's Love Overcomes

### Scripture:

*"And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them."*

– 1 John 4:16

Sometimes life feels like a series of insurmountable obstacles. The challenges of raising children with disabilities, chronic illnesses, autism, or rare diseases can leave you feeling frustrated, powerless, or even isolated. In those moments, it's tempting to wonder if God's love is enough. Or if it will reach the deepest places of your heart. But the truth is, God's love is relentless. It pursues, restores, and refuses to let go, even when we stumble or rebel. His love doesn't stop at our limitations; it meets us in them.

Love pursues, even when the world (or even our own hearts) are stubborn and resistant. God's love will not give up on us, no matter how many times we feel we fall short. Romans reminds us that God's love reaches beyond our comprehension, even carrying the weight of human rebellion and brokenness. This is the same love that saw you through sleepless nights, overwhelming appointments, and anxious moments. It is the love that whispers, "I will not let go, I will not abandon you, I will carry you."

Today, let God's love be the quiet, yet powerful force that reminds you: you are never out of reach. You are never beyond the touch of His care. Even in the hardest moments, His love will overcome the fear, doubt, and exhaustion that threaten to consume your heart. Allow yourself to rest in the knowledge that nothing; no circumstance, no struggle, no worry; can overpower or outlast the love of God. It is relentless, unshakable, and ever-present.

### Reflective Prompt:

Where in my life do I need to trust that God's love will overcome fear, doubt, or impossible circumstances?

### Prayer:

Lord, help me lean into Your relentless love today. Remind me that no struggle, fear, or failure can separate me from You. Let Your love pursue me in the hard places, restore what feels lost, and give me courage to keep moving forward. Amen.

## Day 14: God's Love Covers Everything

### Scripture:

*"Above all, love each other deeply, because love covers over a multitude of sins."*

– 1 Peter 4:8

Parenting a child with disabilities, medical complexities, or rare conditions often stretches your heart in ways that leave you feeling exposed. Fragile, worn, and vulnerable. Some days it feels like every mistake, every frustrated word, every tear carries a weight too heavy to bear. In these moments, it's easy to feel like your love or patience is insufficient, or even that God's love might somehow falter under the pressure of life. But Scripture reassures us: love covers a multitude of sins. God's love covers you. It shields, restores, and holds the broken, messy parts of your life in ways you cannot manage on your own.

This covering doesn't simply overlook failure or ignore imperfection. It is active, intentional, and wide enough to encompass every exhaustion, fear, and regret. When life's demands leave you feeling depleted, God's love steps in. Not to accuse, but to sustain. Like a protective cloak, it wraps around your heart, your family, your circumstances, and even the quiet corners of your soul where doubt and shame try to take root. It meets you right in the chaos, saying, "I am here. I see you. I will not let this define you."

And in that truth lies freedom. You are invited to release guilt, self-judgment, and the impossible pressure to get everything right. God's love is not limited by your fatigue or your mistakes. It covers them. It offers you a safe space to breathe, to rest, and to keep loving even when the days feel relentless. Allow yourself to receive this love today, knowing it is sufficient for every broken place, every worry, and every part of your story.

### Reflective Prompt:

Where in my life do I need God's love to cover fear, shame, or exhaustion today?

### Prayer:

Lord, let Your love cover me completely. Guard my heart, my mind, and my home with Your unfailing care. Help me release guilt and receive the fullness of Your mercy, trusting that Your love is wide enough to hold every part of my life. Amen.

## Day 15: God's Love Is Eternal

### Scripture:

*"For the Lord is good and His love endures forever;  
His faithfulness continues through all generations."*

– Psalms 100:5

Some days, motherhood feels endless. The late nights, the therapies, the constant planning, and the weight of worry can make you feel like your energy, your patience, and even your faith have limits. In these moments, it's easy to question: "Will God's love really last through this? Will it sustain me when I feel stretched beyond my breaking point?" The truth is found in Scripture: God's love is eternal. It does not falter. It does not run out. It is not measured by your strength, your success, or even your ability to feel it.

Eternal love means God is with you in the mundane and in the monumental. He is present when your child has another medical setback, when therapies feel overwhelming, when the world seems indifferent to your sacrifices. His love is not dependent on circumstances or on your emotional capacity. It is steadfast, unchanging, and sufficient for every moment, every challenge, and every tear. The same love that shaped creation, that called the stars by name, that sent His Son to redeem humanity. This love is yours, here and now, in the mess, in the joy, in the uncertainty.

Receiving God's eternal love invites rest. It invites trust. It invites a deep, soul-level peace that nothing can take away. You don't have to earn it, prove it, or even fully understand it. You are held. You are cherished. You are beloved beyond measure. Today, and every day, let His eternal love shape your heart, restore your hope, and empower you to keep walking this challenging, beautiful path of motherhood with courage and grace.

### Reflective Prompt:

How can I rest in the truth that God's love never fails, even when life feels overwhelming or uncertain?

### Prayer:

Lord, thank You for Your eternal love. Let it settle deeply in my heart today. Remind me that I am held, cherished, and sustained. Not because of what I do, but because of who You are. Teach me to lean into Your unending love in every season, trusting that nothing can separate me from You. Amen.

*The*  
**be**  
**MIGHTY**  
*in* **Prayer**  
*Method*



A prayer framework created to give you  
control when you have nothing else to do,  
but need to do something.

# Be Mighty in Prayer

Prayer doesn't have a secret formula. God hears even the prayers you can't put into words. Sometimes, prayer is all you can do, and in those moments, it gives you strength, hope, and courage to keep going.

This is where Be Mighty Mom meets prayer. You don't have to have it all together. You don't need perfect words. You just need to show up.

Here's how to Be Mighty in Prayer:

## **B: Be Honest with God**

Name what you feel. Fear, frustration, exhaustion. it's okay. God can handle it. Like David in the Psalms, pour out your honest emotions. (Psalm 62:8)

## **E: Entrust Your Burdens to Him**

Give what you can't carry to the Lord. (1 Peter 5:7, "Cast all your anxiety on Him")

## **M: Make Your Request**

Ask for what you need. Courage, patience, wisdom, or strength. Ask boldly for what you need. (Philippians 4:6)

## **I: Invite God In. Immerse Yourself in His Presence**

Pause to notice His presence. Even a quiet breath or a sense that you're not alone matters. Pause and rest in God's nearness. (Psalm 46:10)

## **G: Give Thanks**

Even for small things. Gratitude shifts your heart and reminds you God is at work, even in tiny ways. Gratitude shifts your focus. (1 Thessalonians 5:18)

## **H: Hold On in Faith**

Trust that showing up in prayer matters, even when it feels like nothing is changing. Stay persistent, even when you don't see answers yet. (Luke 18:1)

## **T: Take Faithful Action**

Prayer often leads to movement. Listen for guidance, take one small step, or just show up for your child with what you have. Let prayer move your feet. (James 2:17)

## **Y: Yield to His Will**

Surrender control and trust His plan. (Luke 22:42)

# Our MIGHTY mission

## Our Mission Statement

Be Mighty Mom exists to walk alongside Christian moms raising autistic, rare disease, or medically complex children, providing a safe space to process their doubts, struggles, and fears. Through encouragement, scripture, and honest conversation, we help moms restore their faith, reclaim their strength, and rise resilient, no matter how hard the journey gets.

## Our Core Values

### 1. Faith-Centered Restoration

We help moms reconnect with God in ways that feel real, usable, and comforting, even in seasons of doubt.

### 2. A Safe, Honest Space

We acknowledge struggles without judgment, giving moms permission to feel, speak, and be exactly where they are.

### 3. Strength Through Understanding

We validate experiences, offer encouragement, and remind moms they are not alone in the chaos of parenting medically complex children.

*"But the Lord is with me like a mighty warrior; so my persecutors will stumble and not triumph. They will fail and be thoroughly disgraced; their dishonor will never be forgotten."*

## Jeremiah 20:11

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God Will Rescue You



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**contact**  
[ash@bemightymom.com](mailto:ash@bemightymom.com)