



November Prayer Guide

Theme: Finding Hope in the Storm

Rev. Ash
Dion

Reverend at The Be Mighty Mom Ministry
Host of *The Be Mighty Mom Podcast*

Each week, lean into one Scripture and one prayer. Pray it daily, write it somewhere visible, or whisper it when the storm feels heavy. Let these prayers become anchors of hope in your heart.

Week 1: God Is With You in the Storm

Scripture: *"God is our refuge and strength, an ever-present help in trouble."* – Psalm 46:1

Prayer: Lord, when I feel afraid or overwhelmed, remind me that You are here. Be my refuge and strength today. Calm my anxious heart and help me trust that I am not facing these storms alone. Amen.

Week 2: God Strengthens You

Scripture: *"The Lord is the strength of my heart and my portion forever."* – Psalm 73:26

Prayer: Father, when I feel weary, renew my strength. Be the steady ground beneath me when I can't stand on my own. Fill me with courage and remind me that Your strength is enough for both me and my child. Amen.

Week 3: God Brings Peace and Comfort

Scripture: *"Peace I leave with you; my peace I give you. I do not give to you as the world gives."* – John 14:27

Prayer: Jesus, speak Your peace into my chaos. Quiet my racing thoughts and soothe the storm inside my heart. When sadness or fear rises, let me rest in Your comfort and remember that Your peace cannot be taken away. Amen.

Week 4: God Renews Hope

Scripture: *"May the God of hope fill you with all joy and peace as you trust in him."* – Romans 15:13

Prayer: God of hope, fill me with joy even in hard days. Let Your Spirit lift my eyes to see the light of tomorrow. Remind me that my story and my child's story are held in Your hands, and that Your plans are good. Amen.



Our **MIGHTY** mission

Our Mission Statement

Be Mighty Mom exists to walk alongside Christian moms raising autistic, rare disease, or medically complex children, providing a safe space to process their doubts, struggles, and fears. Through encouragement, scripture, and honest conversation, we help moms restore their faith, reclaim their strength, and rise resilient, no matter how hard the journey gets.

Our Core Values

1. Faith-Centered Restoration

We help moms reconnect with God in ways that feel real, usable, and comforting, even in seasons of doubt.

2. A Safe, Honest Space

We acknowledge struggles without judgment, giving moms permission to feel, speak, and be exactly where they are.

3. Strength Through Understanding

We validate experiences, offer encouragement, and remind moms they are not alone in the chaos of parenting medically complex children.

"But the Lord is with me like a mighty warrior; so my persecutors will stumble and not triumph. They will fail and be thoroughly disgraced; their dishonor will never be forgotten."

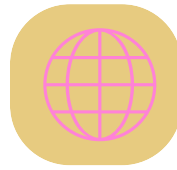
Jeremiah 20:11

Connect *with* us!



podcast

[The Be Mighty Mom Podcast](#)



website

www.bemightymom.com



substack

[Be Mighty, Mom](#)



pinterest

[Be Mighty.](#)



contact

ash@bemightymom.com

